



**Featuring:**  
**Shelley Henry, RN, CPHRM, CHPN**  
**Owner, President The Amity Group**



**Special Guest:**  
**Anne Walsh, ANP-BC, CWOCN, ACHPN**  
**Founder, Wound Care Pro App**

# Spring Conference 2025

## Wednesday, April 23, 2025

### Prince of Peace Church

4600 Preserve Pkwy, Hoover, AL 35226  
8:30 a.m. - 4:00 p.m.

7.8 Nursing Contact Hours • 5 Social Work Contact Hours  
1.5 Social Work Ethics Contact Hours

Shelley Henry, RN, CPHRM, CHPN, is a nationally recognized hospice nurse advocate, speaker, and expert in hospice care with over 24 years of experience in the field.

As President and Founder of The Amity Group, Inc., Shelley has dedicated her career to standing beside hospice nurses and strengthening the hospice industry. She is widely sought after as a keynote speaker and consultant by organizations across the country for her expertise in hospice care, nurse advocacy, and hospice documentation.

Shelley is also the author of several essential guides on hospice documentation, written to make documentation easier and more effective for hospice nurses. In addition to her writing, she has developed innovative tools — including nursing bags designed specifically for hospice work — to improve both safety and efficiency. At the heart of all she does is one mission: to create a world where hospice nurses are valued, protected, and supported — so they can do the work they love without sacrificing their own well-being.

Anne Walsh is a Wound Ostomy and Continence NP has more than 23 years of experience in wound care and works in home hospice providing WOC consults. She is also a preceptor for NP students & fellows, provides education for nursing & medical staff in wound care. Anne also serves as a wound expert witness for facilities being sued for pressure injuries.

Anne is founder of the educational wound app “Wound Care Pro” as a resource/tool for clinicians treating patients with wounds to heal or palliate. She is published on the topics of wound care, differences between hospice & palliative care and pain management in the individual with advanced disease & substance use disorder.

**Alabama Board of Nursing Provider Number: ABNP1070 Expiration: 05/17/2028 \* Alabama Board of Social Workers: ABSWE Provider: #0010 Expiration 07/31/2026**

# Social Work Session Speakers



**Mona McDermott, MSW, LMSW**  
**Bereavement, Social Work,**  
**Volunteer Coordinator**  
**Baptist Hospice and Palliative Care**

For the past 25 years Mona has worked as a hospice social worker. graduating from the University of Alabama MSW program . Primarily working in the hospice arena, she has worked for Baptist Hospice since 2008 as the Bereavement, Social Work, and Volunteer Coordinator.

Mona also works with the inpatient palliative care team at Baptist South. She often meets with families and provides support in goals of care meetings. Other job duties are coordinating the hospice bereavement program, the hospice volunteer program and serving as the director for Camp Celebration, which is an annual children's grief camp for kids ages 5 to 16.

In addition, Mona has also served as a field instructor for the University of Alabama, Auburn University, Auburn University Montgomery, Alabama State University and Troy University School of Social Work and enjoys giving back and helping to prepare future social workers.

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Rachel received her Bachelor Degree in Social Work from Auburn University and her Master of Social Work Degree from Troy State University. Over the last nine years, Rachel has worked as director of social services at a nursing home, behavioral health clinician at a geriatric psych unit, a hospice social worker, and currently in private practice as a clinical therapist.

Rachel's focus is supporting those going through anxiety, depression, grief, life adjustment, self-esteem, and trauma. She was trained in Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, and grief therapy practices. Rachel has volunteered for several community-based organizations including but not limited to grief camps, adolescents with moderate to severe disabilities, and religious organizations.



**Rachel McLain LICSW, MSW**  
**Clinical Therapist**  
**Perspective Counseling of Auburn**

AHPCO Spring Conference  
Registration



# Schedule



8:15 - 8:30 AM	Registration
8:30 - 8:45 AM	Welcome
8:45 - 10:15 AM	<p><b>Shelley Henry, RN, CPHRM, CHPN</b></p> <p><b>From Struggle to Strength: Real Talk and Real Solutions for Hospice Clinicians</b></p> <p>Join us as we unveil the results of the 4th Annual Hospice Nurse Your Opinion Matters Survey, highlighting the top three struggles faced by hospice clinicians today. From overwhelming workloads to documentation challenges, these issues are shared across disciplines — impacting nurses, social workers, chaplains, and more. This session focuses on real-life, actionable solutions that clinicians can start using now to restore control and efficiency in patient care, work smarter while still providing great care and deliver care that makes a difference, without burning out — so you can care for patients the way you want to and protect your own well-being in the process.</p> <p><b>Tools for Your Tool Kit:</b> <i>Hospice Care Plan</i></p>
10:15 - 10:30 AM	Break
10:30 - 12:00 PM	<p><b>Shelley Henry, RN, CPHRM, CHPN</b></p> <p><b>Documentation that Works: How to Document with Purpose, Clarity</b></p> <p>Hospice documentation doesn't have to be a daily struggle. In this session, clinicians will learn practical tools and techniques to make documentation more efficient, effective, and supportive of eligibility — so you can focus on care. We'll break down how to structure notes to clearly show the patient's terminal status easily every time you document. Whether you're a nurse, social worker, or chaplain, you'll leave with real strategies to document with confidence.</p> <p><b>Tools for Your Tool Kit:</b> <i>Genesis Whole Body Donation</i></p>
12:00 - 12:15 PM	<p><b>Mesothelioma Update</b></p> <p>Pat Keahey</p>
12:15 - 12:45 PM	Lunch provided by a generous donation from Keahey Law Firm

# Schedule



<p><b>NURSES SESSION</b> 12:45 - 2:15 PM</p>	<p><b>Deasy Hall</b> <b>Anne Walsh, ANP-BC, CWOCN, ACHPNPN</b></p> <p><b>Palliative Wound Care Demystified: Real-World Guidance for Hospice Clinicians</b> Wound care in hospice is tough — and when you're trying to manage complex wounds alone in the home, it can feel overwhelming. In this session, Anne Walsh, ANP-BC, CWOCN, ACHPN, palliative wound care nurse practitioner and founder of the Wound Care Pro app, will share practical guidance on how to approach palliative wound care when resources are limited and goals are focused on comfort. Walk away with real strategies you can use in the field — and get your questions answered during our live Q&amp;A.</p> <p><b>Tools for Your Tool Kit:</b> <i>Peter Abraham, BSN,RN, Hospice Educator and Author</i></p>
<p><b>SOCIAL WORK SESSION</b> 12:45 - 2:15 PM</p>	<p><b>Social Workers - St Jude Meeting Room</b> <b>Mona McDermott, MSW, LMSW</b></p> <p><b>How to Deal with Death and Dying as a Social Worker</b> Dealing with death and dying as a part of the hospice team is not easy. Social Workers will have an opportunity to reflect on their mission, their personal losses and finding their place in a nurse driven field as well. In addition, there will be focus on self care for the social worker.</p>
<p>2:15 - 2:30 PM</p>	<p>Break</p>
<p><b>NURSES SESSION</b> 2:30 - 4:00 PM</p>	<p><b>Nurses - Deasy Hall</b> Bonus: <b>Tools for Your Toolkit:</b> <i>Go With Grace</i></p> <p><b>Shelley Henry, RN, CPHRM, CHPN</b></p> <p><b>Hospice Regulations Made Simple: What Nurses Need to Know (Without the Confusion)</b> Hospice regulations are confusing — but they don't have to be. In this session, we'll break down the key timelines and regulatory activities that hospice nurses are responsible for and explain them in plain, straightforward terms. We'll also cover hospice billing practices, medication coverage, and other billable services that impact the care you provide, especially at the end of life. Plus, we'll review upcoming regulatory changes that every hospice nurse should be aware of. You'll leave with a clear understanding of why we are told to do things certain ways — without the confusion.</p> <p><b>Tools for Your Tool Kit:</b> Near App</p>
<p><b>SOCIAL WORK SESSION</b> 2:30 - 4:00</p>	<p><b>Social Workers - St Jude Meeting Room</b> <b>Rachel McLain LICSW, MSW</b></p> <p><b>Ethical Decision Making in End of Life Care</b> Hospice families are often confronted with a number of ethical issues when it comes to end of life care. Whether they are looking at DNR orders, artificial nutrition/hydration, or medical proxy issues, Social Workers are called upon to help families and the hospice team navigate ethical questions. This session will focus on ethical principles associated with decision making.</p>



# Spring Conference 2025 Registration Form

\$50 for AHPCO Members • \$75 for Non-Members

20% off for Registrations of 5 or more

Deadline for registration April 20, 2025



## PAYMENT INFORMATION

☐ check ☐ credit card type of credit card \_\_\_\_\_

Name on credit card \_\_\_\_\_

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Number of Registrations on this payment: \_\_\_\_\_

20% off for 5 or more attendees: TOTAL: \_\_\_\_\_

Registrations are not refundable but are transferable

Register via email: [admin@alhospice.org](mailto:admin@alhospice.org)

Register via mail: AHPCO PO BOX 26131 Birmingham, AL 35260

Name: \_\_\_\_\_ Name for Name Tag: \_\_\_\_\_

Company: \_\_\_\_\_ AHPCO Member: YES \_\_\_\_\_ NO \_\_\_\_\_

Discipline: ☐ RN ☐ LPN ☐ Social Work ☐ Chaplain ☐ Other \_\_\_\_\_

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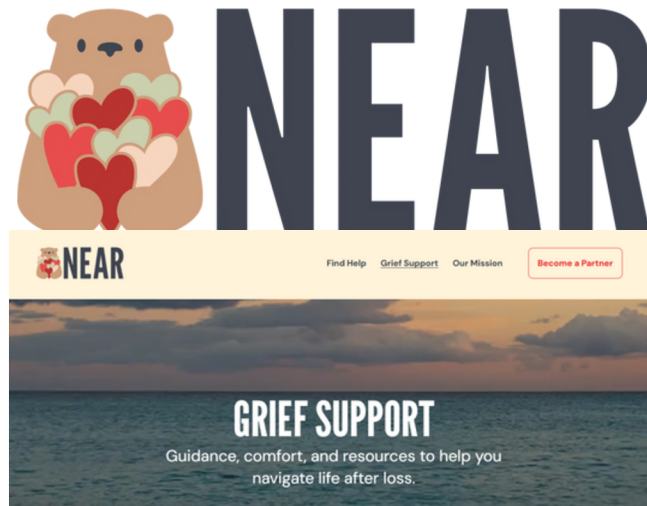
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