

TOOLS OF THE TRADE

- ✓ confidence
- ✓ compassion
- ✓ communication



Spring Conference 2025

Wednesday, April 23, 2025

Prince of Peace Church

4600 Preserve Pkwy, Hoover, AL 35226

8:30 a.m. - 4:00 p.m.

7.8 Nursing Contact Hours • 5 Social Work Contact Hours
1.5 Social Work Ethics Contact Hours

Featuring:

Shelley Henry, RN, CPHRM, CHPN
Owner, President The Amity Group



Shelley Henry is a distinguished leader in hospice nursing with over 22 years of experience. From caregiving to executive roles, she's renowned for her unwavering advocacy and innovative approach to end-of-life care.

As Owner and President of The Amity Group, she leads a pioneering staffing firm dedicated exclusively to serving hospice organizations. Shelley's contributions extend beyond writing, as she spearheads initiatives to optimize care delivery.

Shelley embodies excellence, dedication, and compassion, inspiring others to uphold the highest standards of care for those nearing life's end.



Mona McDermott, MSW, LMSW
Bereavement, Social Work,
Volunteer Coordinator
Baptist Hospice and Palliative Care

For the past 25 years Mona has worked as a hospice social worker. graduating from the University of Alabama MSW program . Primarily working in the hospice arena, she has worked for Baptist Hospice since 2008 as the Bereavement, Social Work, and Volunteer Coordinator.

Mona also works with the inpatient palliative care team at Baptist South. She often meets with families and provides support in goals of care meetings. Other job duties are coordinating the hospice bereavement program, the hospice volunteer program and serving as the director for Camp Celebration, which is an annual children's grief camp for kids ages 5 to 16.

In addition, Mona has also served as a field instructor for the University of Alabama, Auburn University, Auburn University Montgomery, Alabama State University and Troy University School of Social Work and enjoys giving back and helping to prepare future social workers.

Rachel McLain LICSW, MSW
Clinical Therapist
Perspective Counseling of Auburn



Rachel received her Bachelor Degree in Social Work from Auburn University and her Master of Social Work Degree from Troy State University. Over the last nine years, Rachel has worked as director of social services at a nursing home, behavioral health clinician at a geriatric psych unit, a hospice social worker, and currently in private practice as a clinical therapist.

Rachel's focus is supporting those going through anxiety, depression, grief, life adjustment, self-esteem, and trauma. She was trained in Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, and grief therapy practices. Rachel has volunteered for several community-based organizations including but not limited to grief camps, adolescents with moderate to severe disabilities, and religious organizations.

Schedule

Alabama Board of Nursing Provider Number: ABNP1070 Expiration: 06/08/2024
 Alabama Board of Social Workers: ABSWE Provider: #0010 Expiration 07/31/2024



8:15 - 8:30 AM	Registration
8:30 - 8:45 AM	Welcome
8:45 - 10:15 AM	<p>Shelley Henry, RN, CPHRM, CHPN</p> <p>From Struggle to Strength: Real Talk and Real Solutions for Hospice Clinicians</p> <p>Join us as we unveil the results of the 4th Annual Hospice Nurse Your Opinion Matters Survey, highlighting the top three struggles faced by hospice clinicians today. From overwhelming workloads to documentation challenges, these issues are shared across disciplines — impacting nurses, social workers, chaplains, and more. This session focuses on real-life, actionable solutions that clinicians can start using now to restore control and efficiency in patient care, work smarter while still providing great care and deliver care that makes a difference, without burning out — so you can care for patients the way you want to and protect your own well-being in the process.</p> <p>Tools for Your Tool Kit: <i>Hospice Care Plan</i></p>
10:15 - 10:30 AM	Break
10:30 - 12:00 PM	<p>Shelley Henry, RN, CPHRM, CHPN</p> <p>Documentation that Works: How to Document with Purpose, Clarity</p> <p>Hospice documentation doesn't have to be a daily struggle. In this session, clinicians will learn practical tools and techniques to make documentation more efficient, effective, and supportive of eligibility — so you can focus on care. We'll break down how to structure notes to clearly show the patient's terminal status easily every time you document. Whether you're a nurse, social worker, or chaplain, you'll leave with real strategies to document with confidence.</p> <p>Tools for Your Tool Kit: <i>Genesis Whole Body Donation</i></p>
12:00 - 12:15 PM	<p>Mesothelioma Update</p> <p>Pat Keahey</p>
12:15 - 12:45 PM	Lunch provided by a generous donation from Keahey Law Firm

Schedule



<p>NURSES SESSION 12:45 - 2:15 PM</p>	<p>Deasy Hall Shelley Henry, RN, CPHRM, CHPN</p> <p>Palliative Wound Care Demystified: Real-World Guidance for Hospice Clinicians Wound care in hospice is tough — and when you're trying to manage complex wounds alone in the home, it can feel overwhelming. In this session, Anne Walsh, ANP-BC, CWOCN, ACHPN, palliative wound care nurse practitioner and founder of the Wound Care Pro app, will share practical guidance on how to approach palliative wound care when resources are limited and goals are focused on comfort. Walk away with real strategies you can use in the field — and get your questions answered during our live Q&A.</p> <p>Tools for Your Tool Kit: <i>Peter Abraham, BSN,RN, Hospice Educator and Author</i></p>
<p>SOCIAL WORK SESSION 12:45 - 2:15 PM</p>	<p>Social Workers - St Jude Meeting Room Mona McDermott, MSW, LMSW</p> <p>How to Deal with Death and Dying as a Social Worker Dealing with death and dying as a part of the hospice team is not easy. Social Workers will have an opportunity to reflect on their mission, their personal losses and finding their place in a nurse driven field as well. In addition, there will be focus on self care for the social worker.</p>
<p>2:15 - 2:30 PM</p>	<p>Break</p>
<p>NURSES SESSION 2:30 - 4:00 PM</p>	<p>Nurses - Deasy Hall Bonus: Tools for Your Toolkit: <i>Go With Grace</i></p> <p>Shelley Henry, RN, CPHRM, CHPN</p> <p>Hospice Regulations Made Simple: What Nurses Need to Know (Without the Confusion) Hospice regulations are confusing — but they don't have to be. In this session, we'll break down the key timelines and regulatory activities that hospice nurses are responsible for and explain them in plain, straightforward terms. We'll also cover hospice billing practices, medication coverage, and other billable services that impact the care you provide, especially at the end of life. Plus, we'll review upcoming regulatory changes that every hospice nurse should be aware of. You'll leave with a clear understanding of why we are told to do things certain ways — without the confusion.</p> <p>Tools for Your Tool Kit: Near App</p>
<p>SOCIAL WORK SESSION 2:30 - 4:00</p>	<p>Social Workers - St Jude Meeting Room Rachel McLain LICSW, MSW</p> <p>Ethical Decision Making in End of Life Care Hospice families are often confronted with a number of ethical issues when it comes to end of life care. Whether they are looking at DNR orders, artificial nutrition/hydration, or medical proxy issues, Social Workers are called upon to help families and the hospice team navigate ethical questions. This session will focus on ethical principles associated with decision making.</p>



**Peter Abraham Books
The Hospice Care Plan
Genesis Whole Body Donation
Go With Grace
Near App**

AHPCO Spring Conference
Registration





Spring Conference 2025 Registration Form

\$50 for AHPCO Members • \$75 for Non-Members

20% off for Registrations of 5 or more

Deadline for registration April 20, 2025



PAYMENT INFORMATION

check credit card type of credit card _____

Name on credit card _____

Card # _____ Security Code: _____ Exp Date _____

Address for Credit Card: _____

City/State/Zip: _____

Signature: _____

Number of Registrations on this payment: _____

20% off for 5 or more attendees: TOTAL: _____

Registrations are not refundable but are transferable

Register via email: admin@alospice.org

Register via mail: AHPCO PO BOX 26131 Birmingham, AL 35260

Name: _____ Name for Name Tag: _____

Company: _____ AHPCO Member: YES _____ NO _____

Discipline: RN LPN Social Work Chaplain Other _____

License Number: _____

Postal Address: _____

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